

# fresh squeezed juices

SMALL \$5.50 | MEDIUM \$6.90 | REGULAR \$7.90 | LARGE \$8.90 | JUMBO \$10.90

## Clean Green

Apple, Celery, Spinach, Kale, Cucumber & Ginger

## Green Refresher

Apple, Pear, Lime, Cucumber & Spinach

## Tahiti Squeeze

Orange, Passionfruit & Apple

## Body Cleanser

Carrot, Apple, Cucumber, Beetroot & Ginger

## Vitamin Charger

Orange, Apple, Pineapple & Vitamin C Powder

## Red Sunrise

Carrot, Apple & Beetroot

## Cold Fighter

Carrot, Orange & Ginger

## Ginger Hammer

Apple, Carrot & Ginger

## Zinger

Apple, Lemon, Pineapple & Mint

## Popeye & Olive

Spinach, Pear, Cucumber, Mint & Lemon

## Hangover Cure

Pear, Kale, Ginger, Celery, Lemon & Cucumber

## The After Party

Orange, Carrot & Coriander

## Ruby Tuesday

Beetroot, Carrot, Pineapple, Basil & Ginger

# frulatas

SMALL \$6.90 | MEDIUM \$7.90 | REGULAR \$8.90 | LARGE \$9.90 | JUMBO \$11.90

## Over The Rainbow

Pineapple Juice, Orange Juice, Strawberries & Mango-PassionYoghurt

## Sunset Boulevard

Watermelon Juice, Pineapple Juice, Mango, Strawberries & Mango-PassionYoghurt

## Razzle Dazzle

Orange Juice, Apple Juice, Raspberries & Raspberry Yoghurt

# smoothies

SMALL \$5.50 | MEDIUM \$7.50 | REGULAR \$8.50 | LARGE \$9.50 | JUMBO \$11.50

## Green Revolution

Coconut Water, Avocado, Kale, Spinach & Banana

## Muesli Surprise

Banana, Muesli, Honey, Blueberries, Yoghurt & Milk

## Lemon Melon

Lime Juice, Rockmelon, Grape, Fresh Mint & Lemon Sorbet

## Banana Smoothie

Banana, Honey & Ice Cream

## Protein Boost

Mixed Berries, Banana, Milk, Yoghurt & Protein Powder

## Oh My Papaya

Tropical Juice, Papaya, Passionfruit, Rockmelon & Yoghurt

## Club Tropicana

Pineapple Juice, Mango, Passionfruit, Banana & Mango Sorbet

## Mango Tango

Mango Nectar, Passionfruit, Mango & Mango Sorbet

## Pina Colada

Pineapple Juice, Coconut Milk, Banana & Mango-PassionYoghurt

## Guava Lava

Guava Nectar, Strawberries, Mango & TropicalYoghurt

## Paradise Pleasure

Mango Juice, Strawberries, Banana & Mango-PassionYoghurt

## Ipanema Horizons

Tropical Juice, Mango, Passionfruit, Dragonfruit & Low-Fat FrozenYoghurt

## Dragonfruit Summer

Passionfruit Juice, Strawberry, Banana, Dragonfruit & Mango-PassionYoghurt

## Island Fever

Pear Juice, Mint, Strawberry, Dragonfruit & Low-FatYoghurt

## Raspberry Rumba

Apple Juice, Blueberries, Raspberries, Banana & Berry Sorbet

## Cherry Cherry Baby

Tropical Juice, Cherries, Mango, Papaya & Mango Sorbet

## Big Berry Combo

Apple Juice, Boysenberries, Blueberries, Strawberries, Raspberries & Berry Sorbet

## Detox

Apple Juice, Boysenberries, Raspberries, Strawberries, Honey & Berry Sorbet

# vitality smoothies

REGULAR \$8.90

## Coco Mango

Coconut Milk, Banana Coconut Low-Fat FrozenYoghurt, Mango, Banana & Protein Powder

## Crazy Sexy Goddess

Almond Milk, Avocado, Banana, Blueberries, Cucumber, Baby Spinach, Lime & Low-Fat FrozenYoghurt

## Jungle Gym

Almond Milk, Banana Coconut Low-Fat FrozenYoghurt, Granola, Banana, Cinnamon, Raw Protein Powder, Honey & Peanut Butter

## Smooth Operator

Almond Milk, Baby Spinach, Banana, Dates, Peanut Butter & Low-Fat FrozenYoghurt

## Peanut Butter Cluster

Coconut Milk, Peanut Butter, Cacao, Banana, Granola & Banana Coconut Low-Fat FrozenYoghurt

# chillers

SMALL \$5.90 | MEDIUM \$6.90 | REGULAR \$7.90 | LARGE \$8.90 | JUMBO \$9.90

## Iced Coffee

Coffee, Milk, Crushed Ice & Ice Cream

## Iced Chocolate

Chocolate, Milk, Crushed Ice & Ice Cream

## Iced Mocha

Chocolate, Coffee, Crushed Ice & Ice Cream

## Chai Latte Chiller

Chai Latte Powder, Crushed Ice & Ice Cream

## Cookies & Cream Chiller

Milk, Oreo Biscuit, Crushed Ice & Ice Cream

## Monkey Madness

Chocolate Milk, Banana, Peanut Butter, Crushed Ice & Ice Cream

## Nutella Chiller

Nutella, Chocolate Milk, Banana & Ice Cream

# açaí super smoothies

MEDIUM \$8.50 | REGULAR \$9.50 | LARGE \$10.50

## Açaí Rainforest Green

Coconut Water, Organic Açaí, Avocado, Spinach & Kale

## Açaí ‘Start Your Day’

Milk, Organic Açaí, Muesli & Blueberries

## Açaí Brainstorm

Apple Juice, Organic Açaí & Banana

## Açaí ‘Pick Me Up’

Mango Nectar, Organic Açaí, Strawberries, Banana & Wheat Germ

## Açaí Energizer

Apple Juice, Organic Açaí, Blueberries & Banana

## Açaí Reviver

Pineapple Juice, Organic Açaí & Passionfruit

## Açaí Recovery

Tropical Juice, Organic Açaí, Mixed Berries & Spirulina

## Açaí Guavalicious

Guava Juice, Organic Açaí, Strawberries & Banana

## Açaí Crazy Cranberry

Cranberry Juice, Organic Açaí & Strawberries

## Açaí-zing

Coconut Water, Organic Açaí, Lemon & Strawberries

# açaí super bowls

TRADITIONAL \$10.50 | ALL OTHERS \$14.00

## Traditional

Organic Açaí, dash of Apple Juice, topped with Banana & Muesli  
*Extras:* Granola instead +\$2.00  
Add Strawberries +\$0.50

## Rejuvenator

Organic Açaí, dash of Almond Milk, Strawberries, Banana, Granola, Bee Pollen, drizzled with Honey

## Accelerator

Organic Açaí, dash of Mango Nectar, Banana, Blueberries, Goji Berry, Chia Seeds, topped with Raw Protein Powder

## Brazilian Style

Organic Açaí, Coconut Water, topped with Strawberry, Banana, Granola, Milk Powder, drizzled with Condensed Milk

## Morning Goodness

Organic Açaí, dash of Coconut Water, topped with Dates, Shredded Coconut, Granola, drizzled with Honey & Almond Slithers

## Nutella Power

Organic Açaí, Cacao, Nutella, Coconut Water, topped with Granola, Banana & Shredded Coconut

# smoothie bowls

ALL \$14.00

## Berry Crunch

Almond Milk, Low-Fat Frozen Yoghurt, Mixed Berries, Banana, topped with Blueberries, Strawberries, Chia Seeds & Granola

## Pitaya Breakfast

Almond Milk, Low-Fat Frozen Yoghurt, Banana, Dates, Pitaya, topped with Goji Berries, Bee Pollen & Granola

# malted thickshakes

LARGE \$9.00

## Chocolate Infusion

## Salted Caramel Explosion

## Choc Oreo Delight

## Raspberry & White

## Chocolate Bliss

# frozen custard shakes

LARGE \$9.00

## Peanut Butter Swirl

## Nutella Magic

## Strawberry Banana Storm

## Oreo Eruption

PLEASE ORDER & PAY AT COUNTER

10% surcharge on Sundays & public holidays

